1: Cunningham G-3 (1846-47) 1854 AJ4 W. Tibetans AJ4

144 female. The same name is applied by Marco Polo to
[103] another mixture of the same races—Tartars and Indians. There are indeed Kanets in other parts of the Himálayas, but only in those districts which border upon Ladák; as in Bisahar, Kullu, Chamba, and Kashtwar.

141 The average stature of the Botis of Ladák appears to
● 146 me to be very short indeed when compared with that of their Hindu and Chinese neighbours; but that this is chiefly, if not wholly, the effect of poor food and of privation of all kinds, is proved by the average stature of the landlords, or head men, of the different villages. These never carry burdens on their backs, are better fed, and better clothed; and (when they travel) usually ride from one place to another, instead of toiling up and down the steep and rugged passes of their native mountains. This shows the beneficial effect of wholesome food and of comparative comfort even in the most rigorous climate.

141 The stature of the women seems to be particularly low. This is not, however, shown in the averages, which exhibit a difference of only four inches between the men and the women. But the number of very short women is much greater than that of very short men. In Ladák I saw only six men that were under five feet in height; of whom two were four feet eleven inches; three were four feet ten inches; and one was only four feet nine inches. Amongst the women of Ladák, however, I saw no less than ten that were under four feet five in height. Of these, one was four feet four and a half; two were four feet four; one was four feet three; two were four feet two; one of forty years of age was four feet one and a half; and three were only four feet one inch in height. I am unable to say positively what may be the cause of